Month by Month Planting Guide for the Coachella Valley

Courtesy of Lisha Astorga & Palm Springs High School Sustainable Garden Club

September		Plant through	Notes
-	Arugula	-January	Must harvest regularly. Goes to seed quickly
	Beans	year round	Harvest to stimulate production
	Beets	-October	Needs thinning
	Bok Choy	-October	
	Broccoli	September	One head per plant - LARGE plant. Can get small florets after main head
	Brussel Sprouts	September	Difficult to grow
	Cabbage - chinese	-October	
	- standard	-October	
	Carrots	-February	Needs thinning
	Cauliflower	September	
	Collards	September	
	Endive	-October	
	Garlic	-October	Harvest in May
	Kale	-February	
	Leek	-October	VERY slow growing
	Mustard Greens	-October	Regular harvesting can prolong production through Spring
	Nasturtium	-April	Edible flower & leaves taste like pepper. Great companion plant. Keeps pests like hornworms, etc away
	Onion - bulb	-October	Very slow growing for large bulb
	Peas - english	-February	Harvest to stimulate production
	-snap	-February	Harvest to stimulate production
	-snow	-February	Harvest to stimulate production
	Rutabaga	-October	· · · · · · · · · · · · · · · · · · ·
	Swiss Chard	-February	
	Tomatoes	-October	If planting from seed Sept/Oct are best. Larger seedlings can be planted nearly year round. If the plant is strong before our cold temps you will get tomatoes as soon as temps warm up. Otherwise your fruit season will be very short. Fruiting window is basically 55-95 degrees. Beefsteak varieties take a long time for the fruit to mature so they do not tend to do well here. Cherry and grape tomatoes withstand the heat the best. Look for heirlooms that are from warmer climates.
	Turnip	-February	Needs thinning
October	· ·	/	
	Arugula	-January	Must harvest regularly. Goes to seed quickly
	Beans	year round	Harvest to stimulate production
	- fava	October	
	-garbanzo	October	

	-lentil	October	
	Beets	October	Needs thinning
	Bok Choy	October	
		October	
	Cabbage - chinese	October	
	- standard		Needethioviez
	Carrots	-February	Needs thinning
	Cilantro	-January	Keep harvesting to keep it growing
	Endive	October	
	Garlic	October	Harvest in May
	Herbs	-January	Lavender, sage, chives, dill, parsley, cilantro, oregano, thyme
	Green Onions	October	
	Kale	-February	
	Leek	October	VERY slow growing
	Lettuce	-April	Regular harvesting can prolong production through Spring
	Mustard Greens	-October	Regular harvesting can prolong production through Spring
	Nasturtium	-April	Edible flower & leaves taste like pepper. Great companion plant. Keeps pests like hornworms, etc away
	Onion - bulb	October	Very slow growing for large bulb
	Oregano	-January	Keep flowers pruned
	Parsley	-January	Slow germination
	Parsnip	October	Needs cold winter to sweeten
	Peas - english	-February	Harvest to stimulate production
	-snap	-February	Harvest to stimulate production
	-snow	-February	Harvest to stimulate production
	Radichio		Not sure about - still experiementing
	Radish	-March	Grows quickly - needs thinning
	Rutabaga	October	
	Spinach	-March	New Zealand is best for desert
	Swiss Chard	-February	
	Thyme	-January	Easy to grow - likes sand
	Tomatoes	October	If planting from seed Sept/Oct are best. Larger seedlings can be planted nearly year round. If the plant is strong before our cold temps you will get tomatoes as soon as temps warm up. Otherwise your fruit season will be very short. Fruiting window is basically 55-95 degrees. Beefsteak varieties take a long time for the fruit to mature so they do not tend to do well here. Cherry and grape tomatoes withstand the heat the best. Look for heirlooms
	Turnip	-February	that are from warmer climates.
November		,	
	Arugula	-January	Must harvest regularly. Goes to seed quickly
	Beans	year round	Harvest to stimulate production

	Carrots	-February	Needs thinning
	Cilantro	-January	Keep harvesting to keep it growing
	Herbs	-January	Lavender, sage, chives, dill, parsley, cilantro,
			oregano, thyme
	Kale	-February	
	Lettuce	-April	Keep harvesting to keep it growing
	Nasturtium	-April	Edible flower & leaves taste like pepper. Great
			companion plant. Keeps pests like hornworms, etc
			аway
	Oregano	-January	Keep flowers pruned
	Parsley	-January	Slow germination
	Peas - english	-February	Harvest to stimulate production
	-snap	-February	Harvest to stimulate production
	-snow	-February	Harvest to stimulate production
	Radish	-March	Grows quickly - needs thinning
	Spinach	-March	New Zealand is best for desert
	Swiss Chard	-February	
	Thyme	-January	Easy to grow - likes sand
	Turnip	-February	Needs thinning
December			
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	Beans	year round	Harvest to stimulate production
	Carrots	-February	Needs thinning
	Cilantro	-January	Keep harvesting to keep it growing
	Herbs	-January	Lavender, sage, chives, dill, parsley, cilantro, oregano, thyme
	Kale	-February	
	Lettuce	-April	Regular harvesting can prolong production through
			Spring
	Nasturtium	-April	Edible flower & leaves taste like pepper. Great companion plant. Keeps pests like hornworms, etc away
	Oregano	-January	Keep flowers pruned
	Parsley	-January	Slow germination
	Peas - english	-February	Harvest to stimulate production
	-snap	-February	Harvest to stimulate production
	-snow	-February	Harvest to stimulate production
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	Spinach	-March	New Zealand is best for desert
	Swiss Chard	-February	
	Thyme	-January	Easy to grow - likes sand
	Turnip	-February	Needs thinning
January			
-	Arugula	January	Must harvest regularly. Goes to seed quickly
	Basil	-August	Loves heat. Must prune correctly to ensure
			continued production. Can last multiple seasons with correct pruning.
	Beans	year round	Harvest to stimulate production

	Beets	-February	
	Carrots	-February	Needs thinning
	Cilantro	January	Keep harvesting to keep it growing
	Eggplant	-June	Large plant
	Herbs	-January	Lavender, sage, chives, dill, parsley, cilantro,
			oregano, thyme
	Kale	-February	Needs thinning
	Lettuce	-April	Regular harvesting can prolong production through Spring
	Nasturtium	-April	Edible flower & leaves taste like pepper. Great companion plant. Keeps pests like hornworms, etc away
	Oregano	January	Keep flowers pruned
	Parsley	January	Slow germination
	Peas - english	-February	Harvest to stimulate production
	-snap	-February	Harvest to stimulate production
	-snow	-February	Harvest to stimulate production
	Potatoes	-February	Transplants
	Radish	-March	Grows quickly - needs thinning
	Spinach	-March	New Zealand is best for desert
	Swiss Chard	-February	
	Tomatillo	-July	
	Thyme	January	Easy to grow - likes sand
	Turnip	-February	Needs thinning
February			
	Basil	-August	Loves heat. Must prune correctly to ensure continued production. Can last multiple seasons with correct pruning.
	Beans	year round	Harvest to stimulate production
	Beets	February	· · ·
	Carrots	February	Needs thinning
	Eggplant	-June	Large plant, can live for multiple years
	Kale	February	Needs thinning
	Lettuce	-April	Regular harvesting can prolong production through Spring
	Nasturtium	-April	Edible flower & leaves taste like pepper. Great companion plant. Keeps pests like hornworms, etc away
	Peas - english	February	Harvest to stimulate production
	-snap	February	Harvest to stimulate production
	-snow	February	Harvest to stimulate production
	Potatoes	February	Transplants
	Radish	-March	Grows quickly - needs thinning
	Spinach	-March	New Zealand is best for desert
	Swiss Chard	February	
	Tomatillo	-July	
	Turnip	February	Needs thinning
March			

	Basil	-August	Loves heat. Must prune correctly to ensure
			continued production. Can last multiple seasons
			with correct pruning.
	Beans	year round	Harvest to stimulate production
	-lima	March	
	Corn - sweet	March	Must grow in large blocks for pollination 4x4 at least
	Cucumber-armenian	-July	Most are vine - check package
	- standard	March	Both bush and vine
	Eggplant	-June	Large plant, can live for multiple years
	Lettuce	-April	Regular harvesting can prolong production through Spring
	Melons	March	Large vining plants, will take entire bed
	Nasturtium	-April	Edible flower & leaves taste like pepper. Great companion plant. Keeps pests like hornworms, etc away
	Okra	-April	Large plant
	Pumpkins	March	Large vining plants, will take entire bed
	Radish	March	Grows quickly - needs thinning
	Soy Beans edamame	March	
	Spinach	March	New Zealand is best for desert. Bolts quickly in the heat
	Squash - summer	-August	Large plant. Fruit grows FAST
	-winter	March	Most are vining
	Sweet Potatoes	-July	Grows underground like potatoes. takes entire bed
	Tomatillo	-July	
	Watermelon	March	Large vining plants, takes up entire bed.
April			
•	Basil	-August	Loves heat. Must prune correctly to ensure continued production. Can last multiple seasons with correct pruning.
	Beans	year round	Harvest to stimulate production
	-yardlong	-June	
	Cucumber - armenian	-July	Most are vine - check package
	Eggplant	-June	Large plant, can live for multiple years
	Lettuce	April	Regular harvesting can prolong production through Spring
	Nasturtium	April	Edible flower & leaves taste like pepper. Great companion plant. Keeps pests like hornworms, etc away
	Okra	April	Large plant
	Squash - summer	-August	Large plant. Fruit grows FAST
	Sweet Potatoes	-July	Grows underground like potatoes. takes entire bed
	Tomatillo	-July	
May			

	Basil	-August	Loves heat. Must prune correctly to ensure continued production. Can last multiple seasons with correct pruning.
	Beans	year round	Harvest to stimulate production
	-yardlong	-June	
	Cucumber - armenian	-July	Most are vine - check package
	Eggplant	-June	Large plant, can live for multiple years
	Squash - summer	-August	Large plant. Fruit grows FAST
	Sweet Potatoes	-July	Grows underground like potatoes. takes entire bed
	Tomatillo	-July	
June			
	Basil	-August	Loves heat. Must prune correctly to ensure continued production. Can last multiple seasons with correct pruning.
	Beans	year round	Harvest to stimulate production
	-yardlong	June	
	Cucumber -	-July	Most are vine - check package
	armenian		
	Eggplant	June	Large plant, can live for multiple years
	Squash - summer	-August	Large plant. Fruit grows FAST
	Sweet Potatoes	-July	Grows underground like potatoes. takes entire bed
	Tomatillo	-July	
July			
	Basil	-August	Loves heat. Must prune correctly to ensure continued production. Can last multiple seasons with correct pruning.
	Beans	year round	Harvest to stimulate production
	Cucumber-armenian	July	Most are vine - check package
	Squash - summer	-August	Large plant. Fruit grows FAST
	Sweet Potatoes	July	Grows underground like potatoes. Takes entire bed. Super easy
	Tomatillo	July	
August			
	Basil	August	Loves heat. Must prune correctly to ensure continued production. Can last multiple seasons with correct pruning.
	Beans	year round	Harvest to stimulate production
	Corn - sweet	August	Must grow large blocks for pollination Minimum 4x4. Wind pollinated
	Cucumber -standard	August	Both bush and vining
	Celery	August	Difficult to grow. Very slow germination. Tends to be bitter
	Squash - summer	August	Large plant. Fruit grows FAST

*Peppers - soil temperature must be 80 degrees for seed germination so this can be difficult to choreograph. Seedlings do not like to be cold or hot. Our experience is to germinate inside and transplant outside in the spring

REVISED: 10/25/2018